



**Choice of 1% or skim milk
Offered daily!
Menu subject to change!**



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday



Quesadilla 1
corn
salsa
diced pears
milk

Turkey Corn dogs 2
carrots/celery 1oz ranch
orange smiles
milk

PIZZA 5
TOSSED SALAD
1OZ RANCH
PINEAPPLE TIDBITS
MILK

Chicken soft tacos 6
cheese lettuce/tomato
salsa, corn
diced peaches milk

Frito pie Cheese 7
lettuce/tomato Fresh WG roll
Applesauce
milk

Cheeseburger 8
lettuce/tomato oven fries
1oz ketchup, mustard, mayo
orange smiles milk

Chicken Fajitas w/ veggie 9
pinto beans , cheese
1oz salsa deiced pears
milk

Grilled cheese 12
oven fries 1oz ketchup
orange smiles
milk

Charbroiled beef patty 13
Fresh WG roll whipped potato
green beans diced pears
milk

Chicken Quesadilla 14
corn salsa
diced peaches
milk

PIZZA 15
TOSSED SALAD
1OZ RANCH
PINEAPPLE TIDBITS
MILK

NO 16

SCHOOL!!

NO SCHOOL 19

PRESIDENTS DAY

Chicken nuggets 20
oven fries 1oz ketchup
orange smiles
milk

Beefy macaroni 21
tossed salad 1oz ranch
breadstick diced pears
milk

Chicken patty on WG bun 22
lettuce/tomato
carrots/celery diced pears
1oz ranch, mayo milk

Grilled ham and cheese 23
corn
diced pears
milk

Frito pie Cheese 26
lettuce/tomato Fresh WG roll
Applesauce
milk

Bean and cheese burrito 27
red chili tossed salad
1oz ranch applesauce
milk

Chicken soft tacos 28
cheese lettuce/tomato
salsa, corn
diced peaches milk

